



Education Day and Annual General Meeting

Friday May 10thth, 2019

9:00 am-4:00pm

Coronet Hotel 3551 2nd Ave. W. Prince Albert SK

Target Audience: LAS members, guests and medical professionals

Registration: visit our website at www.sasklymph.ca or mail application form and cheque to

Kelly Lloyd -LAS President, 1689 Barton Drive, Prince Albert SK S6V 7S9

Cost \$20.00

Agenda

- 9:00 am Registration
- 9:30 am **Kelly Lloyd, LAS President:** Welcome and overview of Lymphedema
- 10:00 am **Evelyn Tucker Lloyd, CDT Therapist:** Demonstration of Manual Lymph Drainage and Comprilan Compression
- 11:00 am **Carole Udey, Registered Dietician:** Canada Food Guide and Practical Weight Loss Strategies
- 12:00 pm Lunch
- 100 pm **Robin Gyorick, Exercise Therapist:** Ways to Add Exercise into Your Day
- 2:00 pm **Kelly Lloyd, Registered Nurse, CDT:** Coban Compression Demonstration
- 2:45 pm **LAS Annual General Meeting**

Registration Form

Name _____ Member Yes No

Address _____

Profession if Applicable _____

Please Advise of Food Allergies _____

Please pay by [Pay Pal](#) or cheque made out to LAS and send to above address
Deadline for Registration –May 5th, 2019